

Canadian Weightlifting Federation
Haltérophilie Canadienne - CWFHC

COMPETITION : **Canadian Senior Championships**

SITE : High School La Magdeleine

CITY : La Prairie

DATE : May 18-19, 2019

ORGANIZER : Club La Prairie

Draw	First Name	Last Name	CAT.	B.W.	PROV.	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	BWT Sinclair
							1	2	3		1	2	3				
	WOMEN																
32	Amanda	Braddock	49	48,65	ON	1989	72	75	78	78	92	96	-100	96	174	1	272,900
13	Daphne Anne	Hodgson	49	48,53	SK	1990	56	59	62	62	75	78	81	81	143	2	224,714
60	Marie-Pier	Gendron	49	48,94	QC	2000	59	61	-63	61	78	-80	-81	78	139	3	216,997
15	Marie-Helen	Chouinard	49	48,01	QC	1995	59	-61	-61	59	-78	-78	78	78	137	4	217,121
22	Rachel	Leblanc-Bazinet	55	54,96	QC	1988	84	87	-89	87	105	108	-110	108	195	1	279,405
63	Haylee	Johnson	55	54,95	AB	1998	73	77	-80	77	93	98	-101	98	175	2	250,780
30	Cynthia	Barrette	55	54,84	QC	1997	75	78	80	80	89	92	94	94	174	3	249,697
20	Marilou	Dozois-Prévost	55	54,97	QC	1986	60	70	75	75	80	-93	93	93	168	4	240,688
38	Catrina	Earnshaw	55	54,50	ON	1998	63	66	68	68	82	85	89	89	157	5	226,289
17	Emmy	Béland	55	52,15	QC	1993	61	63	65	65	85	88	90	90	155	6	230,614
43	Amanda	Ruller	55	53,94	SK	1988	66	-69	-69	66	81	85	88	88	154	7	223,596
1	Taylor	McGregor	55	54,78	NB	1994	64	-68	70	70	83	-87	-87	83	153	8	219,730
18	Melissa	Conteduca	55	54,68	QC	1986	-67	67	-71	67	85	-89	-90	85	152	9	218,574
23	Richele	Deang	55	54,27	AB	1986	60	63	66	66	80	85	-88	85	151	10	218,293
2	Hannah	Gula	55	54,35	ON	1998	65	68	-71	68	78	82	-84	82	150	11	216,621
16	Ann-Maxime	Bouffard	55	52,06	QC	1998	62	65	68	68	78	82	-85	82	150	12	223,459
35	Georgia	Cameron	55	54,92	BC	2001	62	64	66	66	79	-82	82	82	148	13	212,169
51	Kayla	Ireland	55	54,23	BC	1995	64	66	-68	66	80	-81	0	80	146	14	211,175
49	Jada	Atoklo	55	53,85	QC	2000	65	-68	68	68	78	-83	0	78	146	15	212,233

Draw	First Name	Last Name	CAT.	B.W.	PROV.	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	BWT
							1	2	3		1	2	3				Sinclair
25	Kayla	Shepard	55	54,58	BC	1998	56	59	62	62	75	79	82	82	144	16	207,337
48	Hannah	Kaminski	55	54,23	AB	1994	-73	-74	-74	0	---	---	---	---	---		---
59	Tali	Darsigny	59	59,00	QC	1998	86	89	92	92	105	109	112	112	204	1	278,625
4	Thea	Lund	59	57,89	BC	1995	-79	79	-81	79	101	104	-108	104	183	2	253,086
28	Caroline	Lamarche-McClure	59	58,65	QC	1995	76	-79	79	79	93	96	-98	96	175	3	239,948
37	Ophélie	Tremblay-Grenier	59	58,47	QC	1997	70	73	76	76	87	90	93	93	169	4	232,189
53	Marie-Pier	Bonneau	59	58,64	QC	1999	71	74	-76	74	93	-95	95	95	169	5	231,747
34	Patricia	Vaillant	59	58,62	QC	1990	-70	73	-76	73	90	94	-96	94	167	6	229,055
8	Quinlan	Nguyen	59	58,96	ON	1992	65	68	-71	68	87	90	-94	90	158	7	215,893
64	Alexa	Hagimanolis	59	58,43	AB	1991	-66	-66	66	66	85	88	91	91	157	8	215,799
50	Jaclyn	Santamaria	59	58,84	ON	1991	-65	65	67	67	86	89	-91	89	156	9	213,444
24	Emma	Dean	59	57,35	NS	1998	68	-71	-71	68	83	-87	87	87	155	10	215,707
56	Polina	Bespalova	59	58,12	SK	2000	-68	68	-73	68	-85	85	-88	85	153	11	211,041
7	Kara	Laudi	59	58,07	BC	1992	-68	-68	-68	0	---	---	---	---	---		---
55	Zoe	Athans	59	58,34	BC	1994	69	71	-73	71	-88	-88	-88	0	-		-
31	Maude	Charron	64	63,58	QC	1993	91	95	99	99	117	121	125	125	224	1	291,954
58	Rachel	Siemens	64	63,55	BC	1989	85	87	89	89	109	112	114	114	203	2	264,658
11	Nadia	Yangui	64	63,40	AB	1992	82	85	-87	85	110	-115	-115	110	195	3	254,590
57	Megan	Trupp	64	63,94	ON	2000	83	87	-90	87	98	-102	-103	98	185	4	240,309
5	Catherine	St-Gelais	64	61,47	QC	1994	-75	75	78	78	97	101	104	104	182	5	242,163
41	Catherine	Darsigny	64	63,97	QC	1994	77	80	-82	80	98	101	-103	101	181	6	235,047
47	Maxime	Charron	64	63,87	QC	1987	76	79	82	82	95	-98	98	98	180	7	233,967
29	Élise	Caron	64	63,08	QC	1987	78	-80	-80	78	95	97	100	100	178	8	233,107
26	Ann-Frédéric	Pouliot	64	63,89	QC	1997	74	77	-80	77	93	-96	96	96	173	9	224,826

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							1	2	3		1	2	3				Sinclair
39	Abra	Thompson	64	61,75	SK	1989	72	-75	75	75	92	96	-98	96	171	10	226,885
19	Francise	Yip	64	63,83	ON	1994	73	75	-78	75	87	90	-93	90	165	11	214,550
12	Kira	Putnam	64	62,67	MB	1995	61	64	-67	64	78	-83	84	84	148	12	194,589
62	Maya	Laylor	71	70,58	ON	1995	93	97	99	99	120	124	-126	124	223	1	273,995
10	Andréanne	Messier	71	70,98	QC	1999	90	94	-96	94	-111	111	-115	111	205	2	251,129
36	Magalie	Roux	71	67,23	QC	1999	-84	-84	84	84	107	110	-112	110	194	3	244,777
54	Maggie	Cumetti	71	68,67	QC	1995	84	-86	-86	84	102	106	109	109	193	4	240,666
40	Thea	Wall	71	70,20	NS	1995	80	84	-88	84	98	-102	-103	98	182	5	224,262
33	Alanna	Bens	71	70,16	SK	1989	77	83	-86	83	97	-102	-103	97	180	6	221,865
66	Katie	Hartford	71	69,03	ON	1990	-80	80	-85	80	100	-103	-103	100	180	7	223,815
61	Kayla	Bauche	71	70,16	BC	1989	-80	-80	80	80	98	-102	-102	98	178	8	219,400
46	Nancy	Kozorezova	71	70,34	ON	1994	74	77	-80	77	91	-95	95	95	172	9	211,715
44	Darcy	Dickinson	71	69,63	AB	1995	72	-76	-80	72	100	-105	-105	100	172	10	212,868
21	Kristel	Ngarlem	76	74,88	QC	1995	91	95	-100	95	118	123	-127	123	218	1	259,904
45	Quinnie	Rwahwire	76	72,60	QC	1990	-85	85	88	88	110	-114	115	115	203	2	245,790
9	Prabdeep	Sanghera	76	73,13	BC	1993	82	85	87	87	102	106	-110	106	193	3	232,821
14	Nada	Hassan	76	75,24	ON	1997	80	-85	85	85	100	-105	105	105	190	4	225,993
27	Sophie	Lovsin	76	75,97	AB	1998	83	-86	-86	83	103	-106	-106	103	186	5	220,207
6	Lianne	Ireland	76	75,42	ON	1995	85	-89	-89	85	-105	-105	-105	0	-		-
65	Julia	Ryan	81	80,78	ON	1990	87	90	-92	90	106	-110	-113	106	196	1	225,606
	MEN																
2	Youri	Simard	55	54,94	QC	2001	90	94	98	*98	120	124	126	*126	*224	1	347,988
19	Brent	MacLachlan	61	60,74	ON	1988	-90	90	-95	90	115	120	126	126	216	1	311,986
59	Matthew	Lee	67	66,77	AB	1989	117	121	123	123	148	152	-155	152	275	1	373,075

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							1	2	3		1	2	3				Sinclair
							18	Matt	Darsigny	67	66,97	QC	2001	115	120	123	123
4	Maxime	Caouette	67	66,32	QC	1998	110	115	-120	115	-132	132	-136	132	247	3	336,528
35	Jean-Frédéric	Rose	67	66,50	QC	1999	103	-107	107	107	130	-135	-135	130	237	4	322,348
66	Thierry	Chicoine	67	64,10	QC	1995	102	106	109	109	122	126	-130	126	235	5	327,307
42	Cheng	Xu	67	66,48	ON	1990	99	103	106	106	129	-133	-133	129	235	6	319,689
62	David	Earle	67	66,70	ON	1987	102	-105	105	105	128	-133	-133	128	233	7	316,306
57	James	Cabusao	67	66,37	BC	1989	97	101	104	104	123	126	-130	126	230	8	313,216
3	Jeffery	Woo	67	66,37	SK	1991	95	-99	-99	95	130	-134	-135	130	225	9	306,407
37	Patrick	Boulangier	67	66,91	QC	1998	95	100	-104	100	120	-125	-125	120	220	10	298,066
43	Riley	Boyd	67	65,63	MB	1998	80	-85	-85	80	106	111	117	117	197	11	270,204
70	Nikolay	Varbanov	73	72,03	ON	1999	125	-130	130	130	160	165	-170	165	295	1	382,221
31	Édouard	Frève-Guérin	73	72,18	QC	1996	115	120	123	123	145	150	-155	150	273	2	353,289
45	Shad	Darsigny	73	69,99	QC	2003	112	116	-120	116	141	148	0	148	264	3	347,913
26	Kody	Taylor	73	72,83	ON	1991	115	120	123	123	135	-140	140	140	263	4	338,591
72	Michael	Chiang	73	71,18	BC	1983	-110	110	115	115	140	-149	-149	140	255	5	332,699
55	Anthony	Moore	73	71,92	ON	1992	105	-110	110	110	135	140	-145	140	250	6	324,204
24	Brian	Periku	73	71,84	ON	2001	101	-105	106	106	-120	120	125	125	231	7	299,759
51	Alex	Bellemarre	81	80,30	QC	1998	140	144	148	148	165	170	175	175	323	1	394,379
39	Nicolas	Vachon	81	79,39	QC	1996	133	-137	-137	133	168	174	-178	174	307	2	377,047
48	Jérôme	Boisclair	81	80,45	QC	1991	128	-132	-132	128	-158	-158	158	158	286	3	348,870
1	Francis	Luna-Grenier	81	75,93	QC	1987	-122	122	126	126	151	155	-161	155	281	4	353,405
8	Frank	Longo	81	80,01	ON	1984	120	124	128	128	145	150	-153	150	278	5	340,063
6	Enzo-Gabriel	Dias	81	79,52	QC	1998	115	120	125	125	150	-157	-157	150	275	6	337,460
63	Charles	Gravel	81	80,77	QC	1999	114	118	122	122	147	152	-156	152	274	7	333,558

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							1	2	3		1	2	3				Sinclair
5	Richard	Kam	81	80,16	BC	1986	115	119	-123	119	155	-160	-162	155	274	8	334,849
44	Jordan	Browne	81	80,69	AB	1997	114	118	-122	118	153	-158	-158	153	271	9	330,072
25	Iggy	Mazza	81	80,88	ON	1999	110	115	-120	115	145	-151	-151	145	260	10	316,297
12	Maxime	Huot	81	80,23	QC	1986	113	-117	118	118	135	-140	140	140	258	11	315,155
28	Khalil	Sabayle	81	79,47	ON	1993	112	-116	-116	112	143	-147	-149	143	255	12	313,019
41	Isaac	Smith	81	80,40	NS	1989	-107	107	-111	107	-140	140	-146	140	247	13	301,392
71	Ivan	Cambar	89	86,37	QC	1983	-146	146	150	150	171	176	183	183	333	1	392,416
40	Gabriel	Dagenais	89	88,56	QC	1997	134	138	141	141	173	-179	179	179	320	2	372,825
21	Braydon	Kennedy	89	88,77	AB	1996	140	145	-150	145	165	-170	-170	165	310	3	360,793
16	Noah	Santavy	89	86,69	ON	1998	135	140	-145	140	165	170	-175	170	310	4	364,688
54	Mathieu	Marineau	89	86,27	QC	1990	127	-131	131	131	-163	163	169	169	300	5	353,717
69	Andrew	Pretty	89	88,75	AB	1992	125	130	135	135	-160	-160	160	160	295	6	343,369
46	Étienne	Gravel	89	88,71	QC	1999	122	-126	-126	122	158	162	165	165	287	7	334,125
30	Kalin	Melnyk	89	88,53	AB	2000	122	-127	127	127	150	157	-160	157	284	8	330,932
7	Lenny	Dion	89	88,17	QC	1990	-123	125	-130	125	152	-157	158	158	283	9	330,370
27	Jédrick	Imbeault	89	88,93	QC	1996	120	-124	-124	120	155	160	-165	160	280	10	325,616
38	Maxime	Bardier	89	88,06	QC	1997	123	-127	-127	123	148	153	-160	153	276	11	322,379
52	Félix-Antoine	Bouffard	89	87,12	QC	1996	110	0	0	110	140	0	0	140	250	12	293,436
49	David	Samayoa	89	88,95	SK	1992	-146	-146	-146	0	175	183	186	186	-		-
23	Maxim	Lebrun	96	95,21	QC	1992	130	135	-138	135	175	182	0	182	317	1	358,187
34	Pierre-Alexandre	Bessette	96	91,12	QC	1999	143	148	0	148	168	0	0	168	316	2	363,604
33	Derek	Lo	96	94,28	AB	1995	123	127	131	131	163	169	-173	169	300	3	340,321
9	Rashed	Quran	96	95,00	BC	1998	130	-135	135	135	-160	161	164	164	299	4	338,147
58	Jean-Marc	Béland	96	96,00	QC	1984	125	130	135	135	155	160	-162	160	295	5	332,238

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							1	2	3		1	2	3				
22	Samuel	Espinoza	96	94,40	QC	1994	125	130	135	135	-150	155	-162	155	290	6	328,807
13	Jocelyn	Dubuc	96	94,29	QC	1996	125	130	-135	130	150	155	160	160	290	7	328,962
68	Peter	Yee	96	90,92	AB	1992	127	-132	132	132	155	-160	-160	155	287	8	330,546
20	Landon	Black	96	95,52	ON	1992	123	127	-129	127	153	157	-162	157	284	9	320,484
53	Thomas	Grieve	96	95,60	BC	1995	123	-127	127	127	154	-159	-160	154	281	10	316,993
32	Dave	Savage	96	94,72	ON	1991	113	117	-120	117	140	145	-150	145	262	11	296,654
10	Gilles	Caza	102	97,81	QC	1997	140	145	-150	145	172	177	-182	177	322	1	360,027
61	Nicolas	Viens	102	101,61	QC	1994	137	141	-144	141	170	-176	-176	170	311	2	342,866
36	Erik	Ostenfeldt	102	100,45	ON	1994	137	140	-144	140	170	-176	-176	170	310	3	343,182
64	Tyler	Siwak	102	100,15	SK	1980	125	130	133	133	160	165	-168	165	298	4	330,259
15	Justin	Elliot	102	99,69	BC	1992	-133	-133	133	133	152	157	160	160	293	5	325,268
14	Hugo	Martin	102	101,29	QC	1998	128	133	-136	133	-155	155	-158	155	288	6	317,868
47	Richard	Davidson	109	107,90	ON	1994	140	-145	145	145	185	-191	195	195	340	1	367,319
67	Ryan	Meidl	109	108,32	AB	1987	145	150	-155	150	180	185	188	188	338	2	364,710
17	Graham	Unruh	109	105,79	SK	1991	140	145	-150	145	175	180	-185	180	325	3	353,369
65	Quinn	Everett	+109	145,36	NS	1992	150	155	-160	155	198	-206	-207	198	353	1	357,119
50	Miklos	Bencsik	+109	138,10	BC	1989	143	147	-150	147	-200	200	-207	200	347	2	353,573
60	Gabriel	Auclair	+109	134,82	QC	1984	125	130	-135	130	165	170	175	175	305	3	312,008

*= Canadian Junior Record

Referees : Manon Poulin, Lara Ferreto, Irina Ivanova, Claire Hopkin, Joanne Gasper, Andréane Lamy, Armelle Chevrier, Gaétan Hinse, Benoît Pelletier, Dan Gad, Nicolas Chagnon

Jury : France Brouillard (#1), Desdin Archibald (#1), Émery Chevrier (#1), Richard Mason (#1), Philippe Saint-Cyr (#1), Yvon Chouinard (#1)

Speakers : France Boucher, Robert Marineau, Donald St-Pierre

Secretary : Odette Simard, Nathalie Huard, Sandra Montcalm

Practical evaluator of coaches : François Gravelle

	Provinces	Men		Women		TOTAL	%
AB	Alberta	8	1	7	1	15	11,4%
BC	British Columbia	7	2	9	2	16	12,1%
MB	Manitoba	1	3	1	3	2	1,5%
NB	New-Brunswick	0		1	4	1	0,8%
NS	Nova-Scotia	2	4	2	5	4	3,0%
ON	Ontario	15	5	13	6	28	21,2%
QC	Québec	32	6	25	7	57	43,2%
SK	Saskatchewan	4	7	5	8	9	6,8%
	TOTAL :	69	7	63	8	132	