

Nom : Québec Open II
 Site : 448 Av Argenteuil, Lachute, QC, J8H 1W9
 Date : 2025-02-22

Ville : Lachute
 Organisateur : Club Du Nord (Lachute)

SESSION B1 & B2 - Master Femmes (AW)

| # | Nom | Prénom | Cat. | Poids | Équipe | Naiss. | Arraché | | | | | Épaulé-jeté | | | | | Catégorie | | |
|---|-----|--------|------|-------|--------|--------|---------|---|---|-----|------|-------------|---|---|-----|---|-----------|--------|------|
| | | | | | | | 1 | 2 | 3 | Max | Rang | 1 | 2 | 3 | Max | # | Total | SM(H)F | Rang |

| AW30 | | | | | | | | | | | | | | | | | | | | |
|------|----------------|----------|------|-------|-----------------|------|----|------|------|----|---|------|------|-----|-----|---|-----|--------|---|--|
| 4 | Salvail-Bérard | Fanny | AW30 | 80,25 | Les Géants | 1994 | 82 | 85 | (87) | 85 | 1 | 102 | 106 | 108 | 108 | 1 | 193 | 226,36 | 1 | |
| 22 | Alhassan | Zayneb | AW30 | 58,97 | Station Haltéro | 1995 | 37 | (39) | 40 | 40 | 2 | (56) | (56) | 56 | 56 | 2 | 96 | 131,16 | 2 | |
| 28 | Wang | Hao-Ting | AW30 | 56,46 | Les Géants | 1991 | 37 | 39 | 40 | 40 | 3 | (46) | 46 | 48 | 48 | 3 | 88 | 131,07 | 3 | |

| AW35 | | | | | | | | | | | | | | | | | | | | |
|------|-----------|-----------|------|-------|---------------|------|----|------|----|----|---|----|-----|-------|-----|---|-----|--------|---|--|
| 88 | Schmidt | Gabrielle | AW35 | 70,33 | Les Géants | 1988 | 75 | (78) | 78 | 78 | 1 | 96 | 100 | (102) | 100 | 1 | 178 | 240,37 | 1 | |
| 40 | Barnes | Emma | AW35 | 69,71 | Club Du Nord | 1986 | 57 | 60 | 62 | 62 | 2 | 72 | 75 | 78 | 78 | 2 | 140 | 194,63 | 2 | |
| 9 | Lanouette | Carolanne | AW35 | 64,45 | Club Du Nord | 1990 | 47 | 50 | 53 | 53 | 3 | 65 | 69 | 72 | 72 | 3 | 125 | 173,24 | 4 | |
| 90 | Marcil | Alexandra | AW35 | 44,86 | Machine-Rouge | 1990 | 40 | 42 | 44 | 44 | 4 | 50 | 52 | 54 | 54 | 4 | 98 | 175,96 | 3 | |

| AW40 | | | | | | | | | | | | | | | | | | | | |
|------|---------|----------|------|-------|---------------------|------|----|------|------|----|---|----|------|------|----|---|-----|--------|---|--|
| 18 | Nowac | Amanda | AW40 | 78,84 | Crossfit de l'Ouest | 1985 | 53 | 55 | 58 | 58 | 1 | 70 | 73 | 76 | 76 | 1 | 134 | 177,44 | 4 | |
| 89 | Roussel | Mireille | AW40 | 68,61 | Crossfit de l'Ouest | 1982 | 49 | 51 | 53 | 53 | 3 | 65 | (67) | 68 | 68 | 2 | 121 | 179,19 | 3 | |
| 34 | Bernard | Aude | AW40 | 62,32 | Station Haltéro | 1984 | 50 | (52) | 54 | 54 | 2 | 60 | 65 | (68) | 65 | 3 | 119 | 181,02 | 2 | |
| 49 | Henry | Debra | AW40 | 53,24 | Station Haltéro | 1981 | 46 | 48 | (50) | 48 | 4 | 57 | (60) | (60) | 57 | 4 | 105 | 185,43 | 1 | |
| 42 | Dewar | Annie | AW40 | 53,62 | Club Du Nord | 1982 | 35 | (38) | 38 | 38 | 5 | 46 | (49) | (50) | 46 | 5 | 84 | 145,39 | 5 | |

| AW45 | | | | | | | | | | | | | | | | | | | | |
|------|------------|---------|------|--------|---------------------|------|----|------|------|----|---|----|----|----|----|---|-----|--------|---|--|
| 13 | Minarikova | Katia | AW45 | 102,18 | Crossfit de l'Ouest | 1979 | 45 | 49 | 53 | 53 | 1 | 60 | 65 | 70 | 70 | 1 | 123 | 161,93 | 3 | |
| 20 | Brunelle | Lizanne | AW45 | 61,69 | Crossfit de l'Ouest | 1979 | 48 | 50 | (52) | 50 | 2 | 58 | 61 | 64 | 64 | 3 | 114 | 188,28 | 1 | |
| 80 | Blank | Sondra | AW45 | 73,73 | Crossfit de l'Ouest | 1978 | 42 | (45) | 45 | 45 | 3 | 60 | 63 | 68 | 68 | 2 | 113 | 171,73 | 2 | |

| AW50 | | | | | | | | | | | | | | | | | | | | |
|------|-------------------|------------------|------|-------|---------------------|------|----|------|------|----|---|------|----|------|----|---|-----|---------------|---|--|
| 33 | Boray | Anita | AW50 | 53,20 | Crossfit de l'Ouest | 1975 | 54 | 56 | (58) | 56 | 1 | 72 | 74 | (76) | 74 | 1 | 130 | 255,44 | 1 | |
| 5 | Desjardins | Michèle | AW50 | 84,78 | Crossfit de l'Ouest | 1972 | 43 | 45 | 48 | 48 | 3 | 58 | 62 | 66 | 66 | 2 | 114 | 184,51 | 5 | |
| 14 | Barak | Yael | AW50 | 53,56 | Station Haltéro | 1973 | 44 | (46) | 48 | 48 | 4 | 61 | 64 | (66) | 64 | 3 | 112 | 228,98 | 2 | |
| 45 | Beaumont | Julie | AW50 | 60,33 | Crossfit de l'Ouest | 1971 | 46 | 48 | 50 | 50 | 2 | 56 | 58 | 60 | 60 | 4 | 110 | 217,70 | 4 | |
| 62 | Buzinhani | Melissa | AW50 | 44,76 | Les Géants | 1974 | 40 | 42 | 44 | 44 | 5 | (49) | 49 | 51 | 51 | 6 | 95 | 218,24 | 3 | |
| 60 | Rupp | Alexandra | AW50 | 65,67 | Station Haltéro | 1974 | 36 | 38 | 40 | 40 | 6 | 45 | 50 | 53 | 53 | 5 | 93 | 162,81 | 6 | |

| AW55 | | | | | | | | | | | | | | | | | | | | |
|------|-----------------|---------------|------|-------|-----------------|------|----|------|------|----|---|----|----|------|----|---|----|---------------|---|--|
| 3 | Lanthier | Cybèle | AW55 | 57,16 | Station Haltéro | 1967 | 38 | (40) | (41) | 38 | 1 | 55 | 58 | (60) | 58 | 1 | 96 | 217,58 | 1 | |